

## Guidelines for Consultation and Examination of Novel Coronavirus Infections

### 1. Things to keep in mind before consultation and examination:

If you have a fever or other cold symptoms, take a break from school or work and refrain from going out

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If you have a fever or other cold symptoms, record your body temperature on a daily basis.

### 2. Guidelines for contacting Returnee/Contact Consultation Center

If you fall into any of the following categories, please contact the center for a consultation:

- Have cold symptoms or a fever of 37.5 degrees or above for 4 days or more (including those currently taking antipyretic drugs)

- Are experiencing drowsiness or breathlessness

The following are more likely to experience severe symptoms: (If symptoms persist for two days, please consult with the Returnee/Contact Consultation Center)

- Senior citizens

- Those with diabetes, heart failure, respiratory diseases (COPD, etc.)

- Those currently taking immunosuppressants or anticancer drugs

(To pregnant women)

By way of precaution, please consult with the Returnee/Contact Center as soon as possible.

(For those who have children)

At present, there has been no information indicating that children are likely to develop severe symptoms. Please follow the standard guidelines.

Currently, there are far more patients with other illnesses than the novel coronavirus. Thus, in the event of experiencing influenza or other illness symptoms, please proceed as normal and consult with your local physician.

### 3. When proceeding to medical facility following consultation:

Please undergo examination at the medical institution recommended by the Returnee/Contact Consultation Center. Please refrain from seeing more than one medical institution

When consulting a medical institution, be sure to wear a mask, wash your hands and practice cough

etiquette. (When coughing or sneezing, use a mask, tissue, handkerchief or a sleeve to cover your mouth and nose)

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