

Request to Citizens and Businesses of the Prefecture

① Refrain from nonessential and non-urgent outings

- Avoid travelling to and from Tokyo, Saitama, Chiba and Kanagawa.
- Use caution when traveling to and from other areas where the infection has spread.
- Consider holding work meetings etc. online.
- Return home promptly having finished work in another prefecture.

② Wear a mask

③ When eating or drinking, avoid large groups or long meals, and refrain from talking loudly. Be especially careful if alcohol is involved.

④ Elderly people at greater risk of severe illness should act with caution.