

# Request to Citizens of the Prefecture

On July 21, the risk of infection was upgraded to 'Stage 3: Special Infection Alert'.

## ① Travel to and from other prefectures

- **Refrain from any unnecessary travel** to and from areas currently under state of emergency or quasi-emergency infection measures. If such travel is unavoidable, return home immediately having completed work assignments.
- **Remain wary of travel to other prefectures** where the infection has spread, while considering holding meetings online wherever possible.

## ② Olympics

- Watch events from home with those from your own household.

## ③ Eating and drinking out

- Strictly adhere to the 'New Lifestyle' and always wear a mask.
- **Remain wary of visiting customer service-based eating and drinking establishments.**

## ④ Summer vacation

- Remain wary when eating and drinking in large groups, for long periods of time, and with people you do not usually meet.
- Continue to take all possible measures to prevent the spread of infection.

**Be aware that wearing a mask increases the risk of heat stroke**