

# **Ishikawa Prefecture State of Emergency Measures**

**( Target Period: Until May 31 )**

We ask each and every one of you to reconsider how you spend your daily life, and be aware of your role in preventing the spread of infection. Thank you for your cooperation.

# Ishikawa Prefecture State of Emergency Measures: Main Points

In order to avoid direct contact with others, please reconsider the way you spend your daily life

- Thoroughly avoid an overlap of the “Three Cs” (①Closed spaces with poor ventilation ②Crowded places with many people nearby ③Close-contact settings such as close-range conversations within a 2 meter distance)
- Thoroughly refrain from going out unless absolutely necessary
- In particular, thoroughly avoid visiting bars, nightclubs and restaurants in the downtown area that serve customers
- Thoroughly refrain from non-urgent trips outside of the prefecture, including business trips
- Refrain from receiving non-urgent visits from those outside of the prefecture
- Companies are requested to promote teleworking or stagger the working hours of employees commuting to work using public transportation

## Please make thorough efforts in your daily life to prevent the spread of infection

- Maintain basic measures such as **hand washing and cough etiquette**
- If you **have a fever or other cold symptoms**, refrain from going out, including attending work

## Please act calmly and help prevent damaging rumors

- Refrain from **actions that lead to discrimination or prejudice against infected persons and/or their families**